

The Facilitators

The workshop will be facilitated by **Robert Reusing** and **Nadja Sumichrast**. Robert was personally selected and trained by M. Scott Peck and FCE; Nadja trained with CBiB in Britain.



Contact

For more information check out our website

<https://commbuildaustria.com>

Or email created4oneness@gmail.com

Or call Nadja: +43 (0)660 2648386

Robert: +42 0733 486 324

The Logistics

Location:

Edith Stein Haus,
Ebendorferstr. 8/
Dachgeschoss, 1010
Wien

Dates/ time:

Fr (Oct 11)
6:30pm- Sun (Oct
13) 4pm

Cost: €125-250 [self-assessed] with a €50 deposit to secure your place. If costs are an issue, please get in touch. No one should be prevented from coming because of costs.

Language: The workshop will be conducted in English – however, participants are encouraged to help each other with any German/ English translation as required – this can become part of the community building process.

Food: there is a kitchen with all facilities and a coffee station in the space. You can bring your own food, and we may decide as a group to have one or several shared meals. There are also several restaurants nearby.

Registration:

created4oneness@gmail.com

Community Building Workshop

Based on the principles developed by M.
Scott Peck and FCE

11-13 Oct 2019



What to expect

During the weekend, our task and goal will be to become a real community. This means we will learn to

- face, accept and transcend our differences
- to communicate openly and effectively
- to develop a sense of unusual safety with one another
- recognise the hallmarks of true community

We can expect to experience

- the 'unity' in community
 - the value of each and every one in a community
 - communication at a deeper and more authentic level than we are used to
 - aspects of our own, deep self we weren't previously in touch with
- And much more besides as this process is different with every group because it is to some extent directed by the collective spirit or 'mind' of the group.

What is Community Building?

The Community Building process was developed by M. Scott Peck, the psychiatrist and bestselling author of books like 'The Road Less Travelled' and 'The Different Drum' who built on many diverse methods of group work to develop a model that could facilitate any group of people becoming a 'working group', which is characterised by a strong cohesion in times of difficulty, an extraordinary care and respect for each member, and a celebration of diversity within the group.

It is highly effective, experiential learning tool for recognising key attitudes and techniques for, as well as recognising personal barriers to, effective communication, and offers a direct experience of the characteristics of genuine community.

It is essentially non-prescriptive in that it offers a framework and some communication guidelines but doesn't espouse any 'method' or system of beliefs. The very power of it lies in this openness to 'the unknown'.

The workshop and group process is facilitated by qualified and experienced facilitators who hold the space for authentic community and for the group to struggle towards it with authenticity and respect.

The process is at times challenging and not advisable if you have concerns about your mental stability. You may want to consult with someone before deciding to come.

It is necessary to commit to coming for the whole weekend, as the process takes that long and requires the whole group at all times.

The vision

"There is a yearning in the heart for peace. Because of the wounds and rejections we have received in past relationships, we are frightened by the risk of disarming ourselves. In our fear, we discount the dream of authentic community as merely visionary. But there are rules by which people can come back together, and by which the old wounds can be healed. It is our mission to teach these rules - to make hope real again - to make the vision actually manifest in a world which has almost forgotten the glory of what it means to be human."